

May 27, 2009

To: Mr. R. V. Maly, Jr., Vice President – CWA  
Mr. R. Middleton, International Representative – IBEW

Gentlemen:

Re: Family Resource Program (Lifeworks) Promotions for June, 2009

Attached are the June, 2009 Lifeworks promotions. All of the promotions are for the North America audience.

June 1: Coming Out CD  
June 8: Help with Everyday Issues  
June 15: Being a Dad CD  
June 22 Walking CD  
June 29: Spanish Call center

David Birdsong  
Senior Manager-Labor Benefits Provisions  
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Murray Hill, NJ 07974

Attachments

Copy to:

M. Flagge  
L. Grimes-Patow  
S. Muscat  
W. L. Schechter

[Coming out CD - Free from LifeWorks](#)

In Canada and the US, June is recognized as Gay Pride Month. Order the award winning CD, Coming Out, narrated by Betty DeGeneres, mother of actress Ellen DeGeneres, by typing "Coming Out" in the search box at the top of the page.

Canada: 1-800-567-2255 In the U.S. : 1-877-582-3683. Canada Access: User ID: ALUCN / Password: LifeWorks U.S. Access: User ID: ALU / Password: LifeWorks

[LifeWorks - Help with Everyday Issues](#)

With the warm weather approaching you may be considering home improvements, taking a trip or planning a special event. LifeWorks can help. Find online resources by selecting “Everyday Issues” on the left navigation bar. **Canada:** 1-800-567-2255 **In the U.S. :** 1-877-582-3683. **Canada Access:** User ID: ALUCN / Password: LifeWorks **U.S. Access:** User ID: ALU / Password: LifeWorks

[LifeWorks - Being a Dad - Free CD](#)

Canada and the US will be recognizing Father's Day on June 21<sup>st</sup>. Celebrate the joys and challenges of being an involved Dad with Armin Brott, author of several books on fatherhood. To order the CD type "Being a Dad" in the search box. **Canada:** 1-800-567-2255 In the **U.S. :** 1-877-582-3683. **Canada Access:** User ID: ALUCN / Password: LifeWorks **U.S. Access:** User ID: ALU / Password: LifeWorks

[LifeWorks - Walking CD](#)

Health Services introduced the “*Stepping into Health*” program earlier this month. LifeWorks has free information and resources on becoming physically active and walking is a great way to get started. Order your free CD by typing “Walking” in the search box. **Canada:** 1-800-567-2255 In the **U.S. :** 1-877-582-3683. **Canada Access:** User ID: ALUCN / Password: LifeWorks **U.S. Access:** User ID: ALU / Password: LifeWorks

Americas Newsbreaks – June 29

LifeWorks - Spanish Speaking Call Center

Alcatel-Lucent's LifeWorks program has Spanish speaking counselors available to help you and your family find dependent care resources. To access these counselors please call: 1-888-732-9020.