



Dear AT&T Employee:

Anyone who is facing a serious illness or chronic medical condition has questions. Getting high quality, current information about diagnosis and treatment options can be a confusing and time consuming process. For example, on the Internet, there are over 180 million web sites for diabetes alone, many with erroneous and outdated information.

To address this need, AT&T employees are eligible for a unique service called **Medical Decision Support™ (MDS™)** designed to help employees and their covered dependents who face specific medical conditions get current, comprehensive, objective and personalized information about their illness and treatment options. **MDS** is provided by Consumer's Medical Resource (CMR), an independent group of leading physicians and medical researchers affiliated with the "top five" medical schools in the country.

MDS is available to employees and their covered dependents enrolled in an AT&T medical plan. It is completely **voluntary, confidential** and the service and materials provided is **offered to you at no cost**.

The **MDS** service includes a comprehensive written report and books with current information about the medical condition you or your covered dependent has been diagnosed with. It is designed to equip you with tools and information to help you participate with your physician in important decisions about healthcare.

MDS covers the following medical conditions:

- ADD/ADHD (children)
- Asthma
- Cancer (19 types)
- Carotid Stenosis
- Cerebral Palsy (children)
- Cholesterol (managing elevated)
- Chronic Obstructive Pulmonary Disease
- Diabetes (2)
- Emphysema
- Endometriosis
- Epilepsy (children)
- Heart Disease (5)
- Hepatitis (3)
- Hypertension (2)
- HIV/AIDS
- Low Back Pain (2)
- Lupus
- Managing Menopause
- Multiple Sclerosis
- Organ Transplant (6)
- Osteoarthritis
- Parkinson's Disease
- Rheumatoid Arthritis
- Stroke
- Uterine Fibroids

If you or one of your covered family members is faced with one of the medical conditions above, please call **MDS** today so that they can help you and your family. **MDS** can be reached **toll-free** Monday through Friday, between 8:30 a.m. and 5:00 p.m. EST at **1-888-426-7435** or visit their web site at www.medicaldecisionsupport.com.

Please read the enclosed brochure carefully and share this information with your family. We hope you never need this kind of help, but if you do face a serious or chronic condition, the help you need is only a phone call away.

We hope you take advantage of this valuable service.