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This booklet intended for people 50 and over provides information on a variety of topics including health, work and retirement, deciding where to live, setting goals, and finding support. Order your free copy by typing “Planning Your Future” in the search box. **Canada:** 1-800-567-2255 In the **U.S. :** 1-877-582-3683. **Canada Access:** User ID: ALUCN / Password: LifeWorks **U.S. Access:** User ID: ALU / Password: LifeWorks